

INSTRUMENTS MATERIALS	POST-PROCEDURE	KEY POINTS	WARNINGS / PRECAUTIONS
<ul style="list-style-type: none"> <li>- HSG catheter</li> <li>- Fluoroscopic contrast</li> </ul>	<p style="text-align: center;"><b>RECORD NOTES IN PATIENT CHART</b></p>	<ul style="list-style-type: none"> <li>- Record <b>trailing</b> length ( # of coils)</li> <li>- Record any <b>unusual aspects of placement</b> in notes to keep in mind for 3 month follow-up</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Record any issues</b> identifying or confirming tubal ostium or concerns regarding potential perforation</li> </ul>
	<p style="text-align: center;"><b>POST-PROCEDURE COUNSELING</b></p>	<ul style="list-style-type: none"> <li>- Remind patient to <b>use alternative</b> form of <b>contraception</b> for a least 3 months</li> <li>- Instruct patient to monitor <b>menstrual cycle</b> and <b>report if 5 days late</b></li> <li>- <b>Schedule 3 month HSG</b></li> <li>- Give <b>patient ID card</b></li> <li>- Instruct patient to contact physician before having intrauterine procedure</li> </ul>	<ul style="list-style-type: none"> <li>- <b>IUD's cannot be used</b> as an alternative form of contraception with the Essure micro-insert</li> </ul>
	<p style="text-align: center;"><b>ENSURE PATIENTS HAS CONTRACEPTION FOR 3 MONTHS POST-OP</b></p>		
	<p style="text-align: center;"><b>3 MONTH FOLLOW-UP HSG</b></p>	<ul style="list-style-type: none"> <li>- Review Section 8 of Physician Manual for HSG protocol</li> <li>- <b>Review</b> procedure notes <b>from initial placement</b></li> <li>- Perform multi-film <b>HSG</b></li> <li>- Evaluate <b>LOCATION</b> and <b>OCCULSION</b> (Section 8 of Physician Manual; see algorithms below)</li> </ul>	<ul style="list-style-type: none"> <li>- During HSG, an increase in intrauterine pressure beyond that needed to produce total cavity fill serves no purpose and should be avoided in order to maximize patient comfort and prevent the possibility of vasovagal reaction</li> <li>- <b>Counsel</b> patient on <b>reliance of HSG data if unilateral placement and contra-lateral blockage</b> (see Section 9 of Physician Manual)</li> </ul>
	<p style="text-align: center;"><b>3 MONTH FOLLOW-UP COUNSELING</b></p>	<ul style="list-style-type: none"> <li>- Counsel <b>based</b> on HSG <b>results</b></li> <li>- <b>Discontinue</b> use of alternative <b>contraception</b> if proper location and occlusion</li> </ul>	

LOCATION	OCCULSION	RECOMMENDATION
<p><b>Satisfactory</b></p> <ul style="list-style-type: none"> <li>2 - Less than 50% of inner coil in uterine cavity, or</li> <li>2 - Proximal end of inner coil is no more than 30mm from edge of contrast filling cornua</li> </ul>	<p><b>Satisfactory</b></p> <ul style="list-style-type: none"> <li>1 - Tube is occluded at cornua</li> <li>2 - Contrast within tube but not past the outer coil of the micro-insert</li> </ul>	<p>Patient may discontinue alternative contraception and begin relying on Essure.</p>
<p><b>Satisfactory</b> (as per above)</p>	<p><b>Unsatisfactory</b></p> <ul style="list-style-type: none"> <li>3 - Contrast seen past the micro-insert or in the peritoneal cavity</li> </ul>	<p>Patient remains on alternative contraception for 3 more months and repeat HSG. If still tube is still patent at 6 months, advise patient not to rely on Essure micro-inserts for contraception.</p>
<p><b>Unsatisfactory</b></p> <ul style="list-style-type: none"> <li>1 - Expulsion or Proximal placement</li> <li>3 - Peritoneal location or Distal placement</li> </ul>	<p><b>Not applicable</b></p>	<p>Patient should not rely on Essure micro-inserts for contraception.*</p> <p>*Refer to Section 9 of Physician Manual for patient management recommendations</p>